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Life Lessons On Ice



Synopsis

"Life Lessons on Ice is a great tool for your young person to identify the deeper meaning of sports and it's value of participating and competing."Dwight Mullins, Head Coach, Dallas Stars Midget AAA Hockey Club

A special note to parents. Youth Hockey, as is any youth sport, is a great way to teach your kids about life and the lessons they will encounter. Take the opportunity to use the game as a teaching tool. Show your kids what good sportsmanship is all about; don't just talk about it. Don't make excuses or place blame on someone else because of a loss. Don't put pressure on your kids to do something that if the truth were known you yourself would find hard to do. Talk to them about how important good character is on and off the ice. And most importantly, just like in real life, tell them that things will not always go the way they planned. Sometimes, you learn more from losing than from winning. A great thing to remember is that even when a sport isn't used to build character, it will definitely reveal it.

Book Information

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Age Range: 12 - 17 years

Grade Level: 7 - 12

Customer Reviews

Kim Tinkham is a freelance writer and a Licensed "Path" facilitator leading seminars to help kids and adults discover their mission statements for their lives. She is also a Personal Life Coach and Motivator and is one of the founders of UnitedHockeyMoms. Kim lives with her husband Scott and son Garrett on a small ranch outside of Paradise, ... Texas that is. Kim can be reached via e-mail at hockeymom@LifeLessonsOnIce.com.

My son borrowed the book from a friend of his and I ended up having to buy our own copy. The 'off ice lessons' made both my sons think about what they were doing with their lives. The book is written with the kids in mind and it deals with the everyday challenges that they face in any sport. I have to admit that I really enjoyed reading the book myself. It was fast paced but definitely got the author's points across. I wish there were more books like this one out there that made learning life's lessons a little easier.

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